



Who Am I?



When God chose Moses to liberate his people from Egypt, he caught his attention by the burning bush. Moses asked God for his name so he could tell his brothers who sent him, God answered “I am who I am.”

We creatures of God are made up of an incredible machine, our body and our soul. The bible describes it as we are wonderfully made. “We are not made by ourselves.” “We were knit together in our mothers’ wombs.”

I bought a book recently called the Incredible Machine, edited by a lady doctor. I looked in vain for a credit recognition for God, the creator. Our body has several systems working together in amazing harmony. Our brain and the gift of sight and hearing, understanding, memory, cognition, will, reasoning, creative and imagination. We have an animal body but we are not animals. We are persons, not driven by instinct as the animals are but we are responsible for our learning and our free will to function properly.

Our other parts of this machine such as cardio vascular, respiratory, digestive system, procreative system and the nervous system are all supportive on the skeleton frame and contain in an amazing skin-porous but waterproof. Some functions carry on without our conscious control; others require self determination. We are responsible to learn how

to use this wonderful gift from God.

Parents co-create each child and they share responsibility of training the child. But our training must quickly develop habits of life that would guide us to a happy life. Our habits can be divided into two sets. Good habits are called virtues-faith, hope and love that guide us in our relationship to God. Moral virtues-prudents, justice, fortitude and temperance are guiding us in our relationship to one another. The other habits-bad habits are called vices and they are pride, envy, jealous, anger, gluttony, lust, sloth, and greed.

Our life is a struggle but we are not alone. Even if our parents fail to guide us on the path of virtues, our Saviour has promised he will help us if we ask. Before that is possible we have to know ourselves. Catholics believe in the mercy of God. But in order to ask mercy and forgiveness, each one of us has to know **WHO AM I**.

1. Am I who I think I am? 2. Am I who my neighbours think who I am? 3. Only God knows who I am. Therefore every catholic, particularly during this time of the Synod, should ask the Lord to show me who I am. Only then can I know the changes I should make in my life with God’s help.

「就去賣掉他所有的一切，買了它。」 (瑪13:46)

小塘

現代都市生活，繁囂緊迫，充滿著激烈的競爭和無窮的慾望，人們不斷努力，歇盡所能，追求金錢、名利、權力、地位和物質享受，但靈性上卻是貧乏空白，枯萎凋謝，甚麼社會壓力，神經過敏症，工作狂熱病等等，使人變成了現代都市生活的奴隸。

要人們放棄追求無限的慾望，跟隨耶穌基督天國的教訓，真是談何容易。細觀現代的統治階層，無論是國家領導人，國會議員，政府高官等等，總

是借口“人在江湖，身不由己”，其實是不懂取捨，退位讓賢，甚至不斷戀棧權力地位，不顧政績惡劣，一意孤行，以致民怨載道”

而普通市民，面對經濟不境，社會通縮壓力，職業不穩定，更是充滿沮喪、焦慮、不安，對天主的依賴和永生的恩寵早已忘記。

“主啊！求你憐憫我們的無信，賜與我們堅強的信德和力量，放棄一切無止境的慾望追求，背起十字架跟隨你。”